



BAYFIELD AREA TRAILS AND PARKS 2023 Volunteer Release Form

INFORMED CONSENT*: By signing this Volunteer Release Form for the 2023 calendar year, I understand that any activity has inherent risks, which could result in harm and/or losses to myself or my child (if appropriate) whether or not known or readily foreseeable at this time; and which might result not only from my own act or omission, but also from the actions, inactions, or negligence of others, or the condition of the premises or equipment used. By signing this form, I fully accept all such risks of any injury, damage or loss, regardless of severity that may be sustained and all responsibility for losses, costs, and damages incurred in any and all activities connected with volunteering.

I agree to indemnify and hold harmless the Bayfield Area Trails Committee member organizations listed below, including their officers, employees and agents from and against all claims, demands, loss of liability of any kind or nature for any possible injury or damage incurred during volunteer service.

BAYFIELD AREA TRAILS ORGANIZATIONS FOR WHICH I AM VOLUNTEERING INCLUDE:

City of Bayfield, Town of Bayfield, Town of Bell, Bayfield County, Ashwabay Outdoor Education Foundation, Landmark Conservancy, Red Cliff Band of Lake Superior Chippewa, and National Park Service.

I **GRANT** or **DO NOT GRANT** (circle one) permission for my photo to be used for official public information purposes associated with the volunteer activities.

I understand that my services are being offered on a voluntary basis without anticipation of financial remuneration. I am not an employee or independent contractor of any organization that I am volunteering for, and nothing in the work that I perform shall create any employer-employee relationship. I have read and accepted the "Top Tips for Field Safety" provided along with this form. I understand that these volunteer activities may require frequent bending, standing, walking, picking up objects with hands and tools, using a variety of tools, painting and conducting other minor maintenance type activities. I take responsibility for conducting myself within my physical and mental abilities; and I will refrain from tasks that may exceed those capabilities. The same applies for my child. No accident or other insurance is provided: it is my responsibility to obtain my own medical/health insurance coverage.

Print Name of Participant (Age, if a minor)

Print Name of Parent/Guardian (for a minor)

Signature of Participant or Parent/Guardian

Print Emergency Contact Name

Phone Number

Emergency Contact Phone Number

Street Address

City, State, Zip

Date of signature

Remarks (if any)

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<p>Tools Volunteered (volunteers are responsible for tools they bring to projects; label with name/I.D.) (check all that apply)</p> <p>___ Leaf Rake Other:</p> <p>___ Hard Rake</p> <p>___ Loppers, Clippers</p> <p>___ Pick</p> <p>___ Ax and/or Pulaski</p> <p>___ Rogue Hoe</p> <p>___ McCleod</p> <p>___ Hand Saw(s)</p> <p>___ Shovel(s)</p> <p>___ Broom (s)</p> <p>___ Hammer</p> <p>___ Drill</p> <p>___ Chainsaw and proper protective gear (ear, eye protection, chaps, boots)</p> <p>___ Heavy Equipment (tractor, skid steer, etc.)</p>	<p>Type of volunteer work: (check all that apply)</p> <p>___ General Clean-Up, Trash Removal</p> <p>___ Gardening, Weeding</p> <p>___ Invasive Species Removal</p> <p>___ Brush Removal, Trail Clearing</p> <p>___ Pruning, Trimming</p> <p>___ Spreading gravel, Mulch, or Dirt</p> <p>___ Planting</p> <p>___ Trail maintenance/construction</p> <p>___ Sanding, Scraping, Painting</p> <p>___ Carpentry, Boardwalk Building/Repair</p> <p>___ Rock work (steps, retaining walls)</p> <p>___ Heavy Equipment Operator</p> <p>___ I am chainsaw certified (USFS, DNR, NPS, other)</p> <p>Other (including chainsaw certification organization):</p>
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TOP TIPS for FIELD SAFETY

1. Come prepared:
 - a. Dress for the weather conditions. Layers are preferable. Have a hat
 - b. Proper personal protection: work gloves, supportive work/hiking boots, long pants and shirts, sunscreen, bug repellent, tick precautions (light colored clothing, high footwear, tape pant legs).
 - c. Bring ample water and food.
2. Put first aid first: Identify the 1st aid designee, along with location of 1st aid kit.
3. Know your limits:
 - a. Don't be afraid to say no. Rest when you need to, and communicate if not feeling well.
 - b. Maintain proper body mechanics while stooping, bending, lifting, carrying heavy objects.
 - c. Know and address the signs of heat exhaustion/stroke, and hypothermia.
 - d. Inform the crew leader and 1st aid person of medical conditions and allergies. Carry an EpiPen if required. If diabetic have a high carb snack and insulin if needed.
4. Practice proper tool safety:
 - a. Keep adequate spacing while walking, and carry tools with sharp points downward.
 - b. Maintain safe working distance between workers using tools.
 - c. Keep tools from underfoot, sharp edges/points facing downward.
 - d. Chainsaw and power tool operations require proper protective gear: eye and ear protection, gloves, boots, chaps (chainsaw), etc.
5. Maintain situational awareness:
 - a. Watch out for tripping hazards, slippery footing, low hanging branches, and other hazards.
 - b. Keep an eye on each other.
6. Stay in touch:
 - a. Cell phones and/or radio/walkie should be available.
 - b. Let the crew leader or someone else know if you have to leave the work group.

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VOLUNTEER POLICIES AND PROCEDURES

Each crew shift should begin with a safety briefing

A. General Operating Procedures:

- The vast majority of tasks performed by volunteers will not require power tools.
- Use of power tools, chainsaws, or heavy equipment will require demonstration/documentation of experience by the operator. Should not be operated alone – have at least one other person on site.
- Work on roofs or heights above 6 feet will be discouraged.
- Volunteers will not drive vehicles owned by the organization(s) for which they are working.
- Work will be led by an accepted representative of the organization for which the work is being performed.
- Volunteers will participate in an orientation that addresses 1) volunteer release form, 2) roles and responsibilities of volunteers, 3) safety practices and risk management.
- Volunteers are encouraged to consider umbrella insurance coverage.
- Volunteers are encouraged to maintain Red Cross First Aid and CPR certification.
- All volunteers will sign a volunteer release form (attached). This includes becoming familiar with top tips for safety and personal responsibility.

B. Safety First:

- Every group project will begin with a safety briefing, including review of the top tips for safety and any special considerations associated with the project (e.g. ticks, steep terrain, slippery rocks).
- Every project will be equipped with a first aid kit.
- Comply with the “Top Tips for Safety.”
- Volunteers should inform the crew leader of allergies, medical conditions, or other possible physical limitations.

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